

90 DAY

New page

2026

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HABIT RESET	2	3	4	5	6	7
8 HOME SYSTEMS & PRODUCTIVITY	9	10	11	12	13	14
15 NUTRITION RESET	16	17	18	19	20	21
22 MONEY RESET	23	24	25	26	27	28
29 PEOPLE & PRESENCE	30	31				

2026

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 DECLUTTERING & SIMPLIFYING	6	7	8	9	10	11
12 MINDFULNESS & SPIRITUALITY	13	14	15	16	17	18
19 MOVEMENT & PHYSICAL WELLNESS	20	21	22	23	24	25
26 PARENTING	27	28	29	30		

2026

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 RELATIONSHIPS & CONNECTION	4	5	6	7	8	9
10 FRUGALITY & RESOURCEFULNESS	11	12	13	14	15	16
17 SELF CARE	18	19	20	21	22	23
24 HABIT STACKING	25	26	27	28	29	30
31						